

BERWICK AREA SCHOOL DISTRICT EMERGENCY FORM

Complete this form in **blue/black ink** and return immediately. It will be kept on file to be used in case of an accident/illness. If your address or phone numbers change- please contact the Nurse and Child Accounting Office at **570-759-6400 ext. 3521**.

Grade _____ Homeroom Teacher _____ Bus # _____

Student's Name _____ Date of Birth _____

Address _____

Home Phone Number: _____ Student Resides with: Mother Father Other _____

Call 1st

Parent/Guardian _____

Relationship to student _____

Language Spoken: English Spanish Other _____

Address _____

Cell phone _____

Email address _____

Employer Name _____

Employer Phone _____

Work hours (Ex 8-4:30) _____

May we call Employer number? Y/N _____

Call 2nd

Parent/Guardian _____

Relationship to student _____

Language Spoken: English Spanish Other _____

Address _____

Cell phone _____

Email address _____

Employer Name _____

Employer Phone _____

Work Hours (Ex 8-4:30) _____

May we call Employer number? Y/N _____

Primary Care Physician _____ Physician's Phone _____

May the school nurse call the family physician? Yes No

Does your student have medical insurance? Yes No If yes, what kind _____

List other children who attend school (name, school, and grade).

List other persons who have consented to be responsible for your child if we are unable to contact you. Give this choice **SERIOUS ATTENTION** as someone who would pick up/care for your child in your absence.

1st CHOICE ALTERNATE

Name _____

Address _____

Telephone _____ Cell # _____

Relationship to Student _____

(Relative, neighbor, friend)

Language Spoken: English Spanish Other _____

2nd CHOICE ALTERNATE

Name _____

Address _____

Telephone _____ Cell # _____

Relationship to Student _____

(Relative, neighbor, friend)

Language Spoken: English Spanish Other _____

High School ONLY: Will you give your student permission to walk/drive home, if the nurse calls you? YES/NO

PLEASE COMPLETE AND SIGN THE BACK OF THIS FORM

Parent/Guardian Initials: _____ Date: _____

AUTHORIZATION FOR MANDATED PHYSICAL AND DENTAL EXAMS

The Pennsylvania School Health Law requires a complete physical examination of all students *upon original entry into school and in 6th and 11th grades*, and a complete dental examination for all *students upon original entry into school and in 3rd and 7th grade*. Students from other grades may need a physical/dental exam if one was not completed previously. You are encouraged to have this examination completed by your family physician/dentist as they have greater knowledge of your child's medical/dental history.

Physicals (K, 6th, 11th):

- I will have the medical exam given by my family physician and return the completed form to the school nurse by Jan 5th.
- I prefer to have the medical exam given by the school physician.

Dentals (K, 3rd, 7th):

- I will have the dental exam given by my family dentist and return the completed form to the school nurse by Nov 1st.
- I prefer to have the dental exam given by the school dentist.

***I understand that if the above forms are not returned by the dates listed, I am giving passive consent for the school physician/dentist to complete the exams.**

Parent/Guardian Signature: _____ **Date:** _____

STUDENT'S MEDICAL INFORMATION: (Please check all that apply to your child)

- ADHD List current medication: _____
- ASTHMA List current medication: _____
- DIABETES
- HEART CONDITION List restrictions: _____
- HEADACHES List treatment: _____
- SEIZURES List current medication: _____
- OTHER: Please describe: _____

ALLERGIES:

- FOOD: Please list _____
- RED DYE
- BEE STING
- OTHER: _____

Symptoms of the Allergic Reaction:

- Hives Rash Runny nose Itchy eyes Wheezing Facial swelling Anaphylaxis

Medication to treat Allergic Reaction: (Ex. Benadryl/Epi Pen) _____

AUTHORIZATION FOR ADMINISTRATION OF POTASSIUM IODIDE

Medication Name: Potassium Iodide; Reason for Administration: Thyroid protection in the event of a release of radioactive iodine

Time Administered: When instructed by public health officials in the event of a radioactive emergency during school hours.

Note: Please consult your family physician to be sure to your child does not have an allergy to iodine.

- YES:** Give my child potassium iodide, when instructed by public health officials, in the event of a radioactive emergency during school hours.
- NO:** Do not give my child potassium iodide, when instructed by public health officials, in the event of a radioactive emergency during school hours.

Student Name: _____ **Grade:** _____

Parent/Guardian Signature: _____ **Date:** _____

Potassium Iodide (KI)

Pennsylvania's five nuclear power plant sites are closely regulated, secure and well maintained. In the unlikely event of a radiological release, the commonwealth is prepared to respond quickly and effectively. In an ongoing effort to help Pennsylvanians get ready for emergencies, the Department of Health is again offering potassium iodide tablets free of charge to individuals who live, work or attend school within a 10-mile radius of one of the state's five nuclear power plants.

Evacuation will always be the best way to protect ourselves and our families during a large-scale radiological release. **Taking KI is another layer of protection and not a substitute for evacuation.** In Pennsylvania, the decision to evacuate is based on what will best protect those that are most sensitive to the ill effects of radioactive iodine – children. You can get KI during normal business hours at Department of Health designated sites and/or county health department offices. To find an office in your area, visit www.health.pa.gov or call 1-877-PA-HEALTH (1-877-724-3258).

What is Potassium Iodide?

Potassium iodide (KI) is a salt compound. The element iodine is added to table salt to make it "iodized." KI is available over-the-counter in tablet form without a prescription.

What will KI do?

Taking KI will help to protect the thyroid gland, located in the front of your neck, against the harmful effects of radioactive iodine that may be released in a radiological emergency. The thyroid gland is the only part of the body that is protected by KI.

KI will ONLY protect the thyroid gland. The thyroid is the part of the body that quickly absorbs potentially harmful radioactive iodine. KI **will not** protect against all radioactive materials and is only effective against radioactive iodine when taken at the time of, or immediately following, a radiological release. Evacuation is the best way to protect yourself and your family if there is a release of radioactive iodine in your area.

How will I know when to take KI?

State health officials and the governor will make an announcement telling citizens when to take KI. When there is a serious incident at a nuclear power plant, the warning sirens will be sounded for approximately three to five minutes, followed by an Emergency Alert System message on your TV or radio. Listening to

these messages is critical because they will tell you what is going on at the plant, what you need to do and if you should take KI.

Do not take KI unless Pennsylvania state health officials and the governor instruct you to do so. Not all radiological releases involve radioactive iodine. When Pennsylvania state health officials and the governor tell you to take KI, follow these instructions:

ADULTS should take **TWO** 65 mg tablets together (at the same time).

CHILDREN should take **ONE** 65 mg tablet.

Taking more tablets than recommended in a 24-hour period will not help increase KI's effectiveness and may increase the risk of side effects.

You should not take KI during a test of the Emergency Alert System or during a test of the sirens located within the 10-mile radius of the nuclear power plant sites.

Who can take KI?

Anyone who is not allergic to iodine can take KI. It is safe for pregnant women, women who are breastfeeding, people on thyroid medicine, and children and infants, unless they are allergic. If you are unsure if you should take KI, talk with your health care provider.

What are the side effects of KI?

Side effects are unlikely because of the low dose and the short time you will be taking the KI. Possible side effects include: skin rashes, metallic taste in mouth, sore teeth or gums, upset stomach, swelling of the salivary glands, burning feeling in mouth or throat, symptoms of a head cold, and diarrhea.

What should I do if I have side effects?

Even though side effects are unlikely, if you have them and they are severe or if you have an allergic reaction, stop taking KI and call your health care provider or **1-877-PA-HEALTH** for instructions.

Is KI safe?

KI is safe. However, adverse reactions are possible in persons with existing thyroid conditions or those with an allergy to iodine. Anyone considering the use of KI for themselves or their family should follow the directions for storage and use included with the product. If you have more questions about KI, call your health care provider or your local health department at **1-877-PA-HEALTH**.

How do I give KI to my infant?

Crush **one** KI tablet and mix it with food or a drink so infants and small children will take it in an emergency.

Will my children be able to get KI if they are at school?

The Department of Health has developed a distribution plan for schools that want KI. This plan includes information on how schools may include the administration of KI into their existing evacuation plans. It is up to each school district to decide if they want KI. However, KI may not be given without parental consent.

Can I get KI if I do not live, but work in the 10-mile radius?

Yes. Workplaces or businesses within the 10-mile radius will be able to get two tablets (one adult dose) for each employee. Interested businesses should contact the Department of Health to arrange pickup.

How do I store the tablets?

The tablets may be stored in a dry place with a controlled room temperature between 68° and 77° F. Make sure the storage place is easy to get to and remember.

How should I dispose of my expired KI?

You may throw your expired KI tablets in the regular trash. The tablets should not be flushed down the toilet or a sink drain. For additional information on proper disposal, visit www.fda.gov.

If I can't evacuate because of a preexisting condition, how will responders find me?

Your county emergency management agency maintains a registry of people who, for medical reasons, would not be able to evacuate. If you have a family member that you are concerned about, contact the county office to make sure it has his or her address information.

Where can I find my evacuation plan?

An evacuation plan for residents living within a 10-mile radius of a Pennsylvania nuclear power plant site is listed in your phone book or mailed to you by your nuclear utility. Make sure you read these pages carefully so that you know where to go in case of an emergency. If you have questions about your evacuation plan, please contact your county emergency management agency whose phone number also is listed in the phone book.

Are Pennsylvania's nuclear power plants safe?

Yes, Pennsylvania's nuclear power plants are safe. The federal government along with Pennsylvania state officials perform regular oversight of the plants. In addition, local officials continually train with the plants on how to respond in case of an emergency to protect public health and safety.

Where can I find more information?

For more information about KI, visit the Department of Health's website at www.health.pa.gov, or call **1-877-PA-HEALTH (1-877-724-3258)**.